



BREAKFAST

Food subject to change due to food availability

SEPTEMBER 2023

Sidney Elementary

Low-fat and fat-free milk
offered daily with all meals

Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day
(No School)

Ham, Egg, & Cheese
Breakfast Bars
Fresh Fruit/Cup
Fruit Juice

French Toast
Fresh Fruit/Cup
Fruit Juice

Muffins
Fresh Fruit/Cup
Fruit Juice

Omelets
Fresh Fruit/Cup
Fruit Juice

Cereal Bars
Fresh Fruit/Cup
Fruit Juice

Breakfast Pizza
Fresh Fruit/Cup
Fruit Juice

Pancake on a Stick
Fresh Fruit/Cup
Fruit Juice

Frudels
Fresh Fruit/Cup
Fruit Juice

Cinnamon Rolls
Fresh Fruit/Cup
Fruit Juice

Pop Tarts
Fresh Fruit/Cup
Fruit Juice

Scrambled Eggs
& Sausage Links
Fresh Fruit/Cup
Fruit Juice

Waffles
Fresh Fruit/Cup
Fruit Juice

Biscuits & Gravy
Fresh Fruit/Cup
Fruit Juice

Donuts
Fresh Fruit/Cup
Fruit Juice

Assorted Cereal
Fresh Fruit/Cup
Fruit Juice

Ham, Egg, & Cheese
Breakfast Bars
Fresh Fruit/Cup
Fruit Juice

French Toast
Fresh Fruit/Cup
Fruit Juice

Muffins
Fresh Fruit/Cup
Fruit Juice

Omelets
Fresh Fruit/Cup
Fruit Juice